

The Importance of the Book in Human Spiritual Intellectual Perfection

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ANNOTATION

This article examines the book as a means of educating a person both spiritually and morally, to become a perfect human being. The article is available to all readers, readers and parents.

KEYWORDS: person, book, reading, spirituality, maturity, intellect, intelligence, book lover.

The book is an inextinguishable light that illuminates the paths of life, a source of happiness that gives meaning to human life, a faithful friend who accompanies him in any situation. There is no tool as powerful as a book in ensuring the spiritual maturity of man. Therefore, from time immemorial, the leaders of enlightenment, the people of knowledge, have called on all mankind to read books and learn the secrets of science and etiquette.

The book is a great force that lifts man from the ground to the sky, increasing his spiritual strength. It is a torch that strengthens the historical memory of mankind, the spiritual and enlightenment world, the scientific basis, and is able to brighten the future.

Muhammad Jabalrudi, the author of great works on morality, says of the book: "O dear one! And munis ulfat on sad days. There is no discord or anger in him. He is such that he does not lie or make mistakes in his words. She is such a wife that she does not gossip. Her conversations benefit you so much that you cannot find such benefits in people. On the contrary, most people harm her conversations. A friend like a book has all the knowledge that warns people of the past and the future. That is why "the book is a fortress of reason."

Today, the state pays special attention to the development of reading in our society, especially among young people, and a lot of effective work is being done. In particular, the Decree of the President of the Republic of Uzbekistan dated January 12, 2017 "On the establishment of the Commission for the development of the system of printing and distribution of book products, promotion and promotion of reading and reading culture", September 13, 2017 On a comprehensive program of measures to develop the system of production and distribution, increase and promote the culture of reading and reading "and" On May 12, 2018 "Extensive study of the creative heritage of great scientists, writers and thinkers The implementation of a number of organizational and practical measures aimed at the development of reading culture in the country on the basis of the decisions "On the organization of reading competitions among young people for the promotion of created.

It stimulates young people's interest in books and their love for books. The book is such a weapon that an educated person cannot be defeated.

In the context of global information, intellectual property is recognized as one of the key

factors determining the social, economic and cultural development of a society. The intellect is the basis of all human endeavors and innovations created by mankind. The book is a ship of wisdom that travels in the sea of time and carries its precious burden from generation to generation. (Francis Bacon)

The book is a means of storing and disseminating information, ideas, images and knowledge, forming socio-political, scientific and aesthetic views; knowledge dissemination and educational tool; art, scientific work, social literature. In international statistics, on the recommendation of UNESCO, a non-periodical publication of not less than 48 pages in size is conventionally called a book.

It involves the great process of creating, preparing, distributing, storing, describing, and studying a book. It is the publisher's responsibility to select works of science, literature, and art for reproduction and distribution in the printing house, to approach them from a scientific and artistic point of view, to edit them, to design them, to design the printing press, and to prepare them for publication. Book copying is the process of printing a book in the printing industry. The library's job is to collect and store books, to promote them to students, and to make them accessible to readers. The bibliographic task is to inform and promote students about books and other publications for a specific purpose.

Books are categorized according to their purpose, purpose, and subject matter. Books can be public, for professionals, and children's books. It is divided into official, scientific, popular science, educational, literary, reference and other books. Monographs are widely used in scientific books. Textbooks are divided into textbooks, manuals, textbooks and other types. References are divided into dictionaries, encyclopedias, calendars, and guides.

The development of any national society is directly related to human development. In this regard, the country is currently celebrating the International Children's Book Day (April 2, the birthday of the famous storyteller Gand Christian Andersen), April 23 World Book and Copyright Day (introduced by UNESCO in 1995), "14 -February International Book Donation Day, Republican seminars on "Reading and raising the culture of reading among young people" were organized. plays an important practical role in deciding interests and needs for reading.

Getting information, providing information about the main ways to work with it is the basis of information-library lessons. In these lessons, the skills of working with information, getting acquainted with the book, reading the book directly, and most importantly, reading it, should be integrated. use of electronic libraries, access to information about electronic catalogs, databases, learning to use them, etc. This is not something that happens on its own, of course. This requires a wide range of knowledge and skills of specialists of information and library institutions. The question of how to organize information and library classes should also be answered. Experience has shown that separate hours can be set aside for extracurricular activities and educational hours to conduct information and library classes. When scheduling, it is important to determine the number of classes, theoretical and practical hours, hours spent by the teacher and librarian, the place of the lesson, ie in the classroom or in the information-library institution.

Safa Matchon: "Reading is not determined by the number of books read, but it is reading comprehension, that is, purposeful reading. From this it can be said that the reader's understanding of the "language" of the work, how well the reader reads what the writer wants

to say, shows the level of reading culture, the level of talent. As a result, our literature is always in need of talented writers as well as talented readers. ” According to him, the talent for reading is not innate, but develops through education. When it comes to reading, the German thinker Goethe is quoted as saying: “People cannot imagine how much time it takes to learn to read, for which I have devoted 80 years of my life, but I still cannot say that I have learned. ». Professor VF Asmus, in his article "Reading - Labor and Creativity", describes reading as follows: ». "In developed countries," writes H. Tukhtabouev, "reading has risen to the level of science. Reading is not just about promoting a book, it is also about learning to read, to choose a book to read, to grasp the essence, to understand oneself with the help of a book. ”

It is no coincidence that the famous French philosopher Franz Bacon said, "Books are the vessels of the mind that carry the masterpieces of thought from generation to generation." After all, a book is a great miracle that sharpens the mind, opens the source of the mind and inspires it.

The unique role of the book in the spiritual development of human society has long been known. It creates a sense of acquaintance with the world, knowledge, as well as a love of beauty, enjoyment of it, hatred of evil.

In the formation of children's reading, the school and parents have an extremely complex and responsible task. To do this, parents themselves must also have high tastes and be enlightened and educated. It is well known that only when a child knows how to read a book does a book play an important role in his spiritual life. For a child to be spiritually enriched, the book must guide him to spiritual, mental, aesthetic growth. The first motivation for this is the first book read to the child in the family, the second is that the child hears the reading of the father and mother and imagines the beauty of the artistic images, this first and second meeting with the book all spheres of spiritual life: work, play, music, children's creativity, it is necessary to cover all aspects of his life. Because it's hard to imagine a teenager's life without creative work, a world of fairy tales, fantasies, games and music. If all this is covered by reading, his life will be meaningless, he will try to understand the essence of events, to understand the contradictions of life, to become an intelligent and spiritually mature person. The means of shaping such an intellect, enriching the human spiritual world, is the book, reading.

Reading is the process by which a person works on himself, directs his activities in a certain direction, creates certain feelings, beliefs and worldviews in his mind, teaches him to think, how to live life, to think. , to know the writer's humanistic, ethical, aesthetic, artistic, civic point of view, to grasp his spiritual teachings and on the basis of them to determine his own way of life, the author, to find novelty in every book he reads , is to enrich the spiritual world.

Indeed, if reading leads a person to perfection, not reading it leads to ignorance, ignorance, and as a result, poverty arises in the spiritual child. An important task in school and in the family is to make reading a necessity in human life. If reading does not become a necessity, it is impossible to change a child's attitude to books, if it is not strengthened in the family and at school.

In the education of information culture in students of information and library institutions, special attention should be paid to the following main areas: the family situation of the reader, the presence of an information and library institution in the family, the study of the child's age and psychological readiness; Taking into account the subjects in the curriculum of

the educational institution, to determine the scope of the child's interests and, accordingly, to develop individual and collective leadership guidelines; to develop in students the skills of independent work, the formation of information skills; to be able to effectively use a variety of mass forms, taking into account the age characteristics and psychological capabilities of the student, to find new forms based on existing conditions and to apply them in practice; to form students' interest in receiving information, to involve them more widely in information and library institutions, reading; wide dissemination of information and library knowledge among students.

Librarians have the main responsibility for cultivating a culture of information. This process requires great pedagogical skills, professional knowledge and, most importantly, dedication to their profession. This is mainly formed in the process of training librarians. Therefore, in order to increase the demand for librarians, it is necessary to improve the quality of education.

All the educational qualities of a child are initially formed in the family, which means that reading also occurs and develops with the support and influence of family members. The attitude of other family members to books and reading has a great influence on the good or slow development of reading. Parents should set an example for their children in everything they do, including how they treat and read books. Reading and discussing books in the personal library together in the activation of children's reading in the family; asking the parent for the child's personal insight and opinion about each answer, it is important to learn (or rather learn) the child's observation about the book in order to express that opinion.

The reader enriches the life learned in the family with the life events in the book, human qualities, kindness, values, pride in the life of his descendants, love for the Motherland, loyalty to a friend, respect, diligence, patience. The biggest helper in this regard is fiction. In fiction, any event is expressed in an impressive way, from artistic images, in which the adolescent reader can learn many qualities, forming a spiritually rich person.

The concept of a spiritually mature person is a comprehensive one. A spiritually mature person is in harmony with the concept of a perfect human being. At the same time, the concept of a spiritually mature person is associated with the concept of a healthy generation. Although these concepts are used separately in the scientific literature, they essentially cover all aspects of human morality and ethics, all the positive qualities formed in them, from their relationship to people, society and homeland, to the family, parents and others. . Achieving independence requires that we give priority to the issues of spirituality and enlightenment, the task of strengthening independence, to explain the concepts of a healthy generation, a spiritually mature person, a perfect person in the field of education, to reveal their essence. As mentioned above, they are essentially the same concepts. The essence and content of these concepts is to guide people to righteousness, honesty, purity, patriotism and humanity, kindness and, let's say, high morality. The reason why we give priority to these issues today is that only a country with strong faith, strong spirituality, a deep sense of national responsibility, and spiritually mature citizens is a believer. can develop independently and sustainably. The great future is created and built only on the basis of spiritually mature people. In other words, only spiritually mature people can create a great future. Therefore, it is important and urgent to bring up a spiritually mature person, a healthy generation. In this regard, the words of the President are exemplary: "We must raise a healthy generation. A

healthy person is not only a person who is physically fit, but also a person who is mature in the spirit of Eastern morality and universal ideas. "

It is clear from these ideas that a person who inculcates in the minds of the East morality and universal ideas is a person of high spirituality, that is, a spiritually mature, perfect person. Spiritual perfection is characterized by a direct connection with a person's worldview, beliefs, psyche, norms of behavior, and morals. Spiritually mature people think about the fate and prosperity of the people, the fate of the country and its development. They do not want to live in muteness, in dependence.

When we say healthy, we mean not only our physically strong children, but also a spiritually rich generation, mentally developed, morally pure, enlightened children, a generation. Such people have the values and ideas of the most cherished qualities of our people - faith and honesty, kindness, compassion and mercy, modesty and dignity, honor, mutual respect, high patriotism, humanity, loyalty to the people and the nation. should be integrated.

The concept of a perfect human being is in harmony with the concept of a spiritually mature person. It is impossible to reach the level of a perfect human being without attaining spiritual perfection. So, striving for spiritual perfection is striving to reach the level of a perfect human being. Perfection is achieved throughout one's life. Three concepts: a healthy generation, a spiritually mature, a perfect person - have a deeper meaning. Therefore, there are no limits to being perfect. However, not everyone can determine the level of spiritual and moral perfection on their own. Whoever says, "I have reached the pinnacle of spiritual perfection, and is proud of himself, he is not yet perfect." One can never judge one's level of spiritual maturity. Perfection is seen in the way each person treats others. The perfect person is formed by parents, the community, the relationship with them. The way to perfection is to learn only good qualities from the rooms, to learn from them, to always strive for goodness and kindness.

The perfect man is ideal for us. He possesses all worldly and divine knowledge, his soul is absolute, his grace is abundant, and his heart is full of good feelings. A perfect human being is one who possesses all the virtues and virtues that human beings dream of.

Many works on the perfect man have been written in the mystical literature. One of such works is Aziziddin Nasafi's pamphlet "The Perfect Man", which describes the perfect man as follows: If you do not understand this phrase, let me say it in another phrase: Know that a perfect person is such a person, that the following four things are perfect: good words, good deeds, good morals and education. A person adorned with these qualities will refrain from lying, hypocrisy and evil, and will always live with good intentions and be ready for good deeds.

A person who possesses good moral qualities can be promoted to the rank of a perfect human being. The perfect man is the most perfect, the most intelligent, the wisest of men. Perfect people are the ones who grow up in human society. Man attains perfection in the process of moral purification.

In the history of Muslim Eastern morality, many pandnoma and folk books have been written about the upbringing and development of a perfect, harmonious human being. It is worth recalling the words of the President: "... I think we should remember that our great ancestors in their time developed a whole set of moral criteria about the perfect man, in modern terms,

the Eastern Code of Ethics. The highest moral values and concepts, such as honor, shame and humiliation, shame, modesty and chastity, which have been formed and refined in the minds of our ancestors for centuries and millennia, are the essence of this code. ”

Among the works that express the qualities of a perfect human being are: Kaykovus's "Nightmare", Saadi's "Gulistan", "Boston", Amir Temur's "Temur's rules", Abdurahmon Jami's "Bahoriston", Alisher Navoi's Mahbubul- kulub ”,“ Ahlaqi muhsini ”by Hussein Waz Kashifi and others. Many of these works give the oriental virtues of man, such as a just king and justice, honesty and purity, purity, uprightness, humanity, and enlightenment.

Alisher Navoi's Nasoyimul Muhabbat lists the characteristics of a perfect man and his oriental qualities. These include the great thinker: repentance, contentment with an honest bite, earning a living from his profession, adhering to the Shari'ah, considering oneself inferior to all, not being rude to one's children or servants, and being fluent. lish - to be good, kind-hearted, compassionate, generous, courageous, gentle, kind, patient, loyal, faithful, to live a life of consent, not to be afraid to be pious, and so on.

The homeland, the future foundation of the nation is created in educational institutions, in other words, the future of our people depends on how our children are educated and brought up today, because the path to the human heart begins with education. To do this, every parent, teacher and educator must first see in the image of each child a person who creates a great future.

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