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# Fundamentals of the Composition of Musical Psychological Processes in the Teaching of Music in the Minds of Students Studying Music in Higher Education

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#### **ABSTRACT**

Mastering psychology and pedagogy provides general professional and pedagogical training of teachers. Psychology helps to understand the nature and characteristics of mental processes. Knowledge of psychology is the basis for the formation of skills to analyze people's behavior, mental state, characteristics of mental processes, personality traits, group and community of children.

This article describes the basics of the structure of musical psychological processes in the teaching of music in the minds of students studying music in higher education.

**KEYWORDS**: Musicologist, Music education, propaganda, music culture teachers, Uzbek people, melody, song.

**Introduction.** The study of music psychology in secondary school students is the task of every music teacher, and in the quality and effectiveness of the lessons taught to children, not only to teach them songs, but also to realize their musical talents. are expected to go.

To do this, a music teacher must be a highly cultured, open-minded, spiritually mature person who loves his profession and children, and who can skillfully play any musical instrument. He should have in-depth knowledge of pedagogy, psychology, children's physiology, theory of ethics and aesthetics, practical areas of music theory, music teaching methods.

It is known that music education, from pre-school education, is continued in music colleges and universities. One of the best ways to introduce music psychology, especially to students, is to find the right path to the child's heart, to get acquainted with his or her psychological experiences. The child's aesthetic taste, spiritual world and behavior are also important. Today, there is an acceleration of interdisciplinary integration in the education system. There is a great need to study the psychological aspects of music in particular.

The purpose of the topic: Therefore, it is necessary to introduce the science of music psychology in secondary education and raise the issue of its inclusion in the minds of students. The role of music education in the development of our nation is invaluable. As an independent state, we have risen to the podium among the nations of the world. Listening to melodies composed by musicians, singers, and composers gives the audience a sense of the origins of the rukats, inner feelings, and kayaks.

Music is characterized by its ability to influence people psychologically. If a student is affected by a melody or a song, he or she will experience a musical sensation and a psychological experience. Only a music teacher can properly organize such a situation and show its influence on the reader.

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Music psychology is divided into several branches:

Musical Cognitive Activity, Music Perception, Perception, Perception through Various Social Objects, Singing Ability, Performance Activity, Psychology of Music Teaching and Education, Psychology of Musical Propaganda and Criticism, Functional Musical Sphere, Student Art - aesthetic views (and so on)

The music teacher's public works plan must be approved by the school administration. The plan of public music work is developed in collaboration with the music teacher, the director of educational and spiritual affairs of the school, the head of the school, taking into account the age and interests of students, holidays, meetings, events. It takes into account the musical ability of the students.

One of the most popular music lessons should be done according to a clearly developed plan. In this case, depending on the type of training, its main purpose, feature, content of the repertoire,

school opportunities, taking into account the invited guests and attracting students. In this activity, the music teacher prepares the students in advance by informing the children about the purpose and content of the music lessons.

A number of musical laws, including the means of musical expression, forms of music, the structure and development of music, are regularly taught, which should form the basis of musical literacy, which is the basis of organized music circles. Music, like modernity, needs to be taught deeply and perfectly. This means that in order to teach in the new curriculum, a music teacher must improve his or her music-theoretical knowledge.

Because in our country, a stable component of educating the younger generation in the spirit of patriotism, the music teacher has a great responsibility to society and the state to address the issues of fine education.

The introduction of state educational standards in music education, as in all academic disciplines, will allow us to make full use of our national musical heritage. These are reflected in popular folk songs and melodies, in the creative activities of singers and musicians, in magom, shashmagom, epic and in contemporary modern music.

"A new program has been developed on the basis of state standards of music education. The new program includes the full use of national musical heritage, popular folk songs and melodies, maqom, shashmaqom, epics and modern music. The educational process of this program, methods of teaching music. Lesson year, quarterly themes, tentative plan, sample lesson development, local music and lesson activities are an integral part of the lesson theme, are subordinate to the overall theme and logically integrate to form a coherent whole. This requires an ongoing process of updating the content and style of work of existing teachers. Such requirements are widely covered in these manuals, a set of recommendations and published textbooks."

Such opportunities of the art of music serve as a unique and inimitable source in the upbringing of a new generation, in their harmonious development. From time immemorial, the East, including Uzbek music education, pedagogy and its perfect methods have been developed on the example of teacher-student traditions. Simple and fun "methods" should be used in the study of musical psychology in schoolchildren so as not to strain children's thinking skills. In the course of the lesson, especially through the study of songs that glorify

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the Uzbek people, the ideas of the national mentality are formed in the minds of young people, reflecting on the traditions, clothing, Uzbek cuisine of the Uzbek people.

"The rising generation, our ancestors, our wealth, especially our heritage, must learn to think independently about our traditions and customs.", it is important that they can think independently, and most importantly, understand the national music and sing the song. "

Being able to think independently enhances the ability to speak while enhancing the understanding of music. In particular, the study of moral values strengthens the child's desire for perfection, the expansion of knowledge, the struggle for survival.

In the development of vocational education, teachers and educators must use their creative abilities to educate young people to achieve perfection. There is nothing to stop it. Today it is time to organize modern lessons based on new pedagogical technologies in teaching and educating students.

#### The main part. Basics of music psychology, composition of musical psychological processes and psychological processes of singing.

In the study of music psychology in high school students, the music teacher connects the education with the students during the lesson. It is important to pay close attention to the content of the songs taught during the lesson. If the content of the song is about family, mother, homeland, nature, it will be easier to carry out educational activities. as each child learns to sing, he or she is taught the rules of etiquette.

Mastering psychology and pedagogy provides general professional and pedagogical training of teachers. Psychology helps to understand the nature and characteristics of mental processes. Knowledge of psychology is the basis for the formation of skills to analyze people's behavior, mental state, characteristics of mental processes, personality traits, group and community of children. Pedagogy reveals the peculiarities of the pedagogical process, helps to master the basics of pedagogical skills. For pedagogical activity it is necessary to have a special orientation and thinking skills of the person who will help to correctly assess the pedagogical situation, to develop an action plan, to identify the necessary tools, and most importantly - to master them in practice.

Currently, the psychological requirements for music education are as follows: it is through the development of these requirements that music psychology finds its way together:

- 1. Provides a comprehensive implementation of the functions of educational work, development and upbringing in the classroom. The course increases the child's knowledge, develops vocal and choral skills, shapes the moral aesthetic qualities of the attitude to labor.
- 2. Educational work in music lessons is carried out according to a strict system according to the form of transfer. Types of musical activities should be interconnected, moving from one to the other.
- 3. Educational work shall be in accordance with the principles of peer teaching. It has an educational effect.

It is easy to understand scientifically. Listening to educational songs during the lesson strengthens students' musical comprehension, develops their thinking skills through independent thinking and listening comprehension.

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Not only music teachers, but also parents are responsible for the development of music among young people. It is their responsibility to pay attention to what their child is doing outside of school, what music they are listening to, who or what they are imitating.

If we teach the wrong music, they should be upset with us, but if we become more interested in the foreign music mentioned above in the home environment, if we learn the naughty behavior, our efforts will be wasted. Today, the task of every music culture teacher should be to select the most talented students and realize their art, as well as to organize national exercises with students who do not master it.

"Oral lessons and word games in extracurricular activities help to increase the effectiveness of lessons, such as forms of education. This is because word-of-mouth is linked to many disciplines and helps to develop students' logical thinking, speed reading and memory skills, which are more effective, especially in the primary grades."

There are a number of principles of pedagogical technology in the development of the art of music in the educational process. transition and so on. It is important for the teacher to know how not to strain the child by mixing such methods, and how to use them according to his age. We need to focus on the topic of today's lesson as we use the ways in which we teach students. Here's how we sang "Allah" as an unaccompanied song above. However, sometimes when you look at students who are interested in art, you see them clicking on the desk and accompanying you. It means that he accepts you, that he lives with the song, that he feels the melody sincerely. In teaching music culture lessons, we also need to understand which student is most gifted when it comes to teaching musical instruments.

Opportunities and conditions for the real development of the Uzbek national, traditional art of singing were achieved only after Uzbekistan gained its national independence. During this period, first of all, due to the process of national identity, the process of re-examining the national cultural heritage and returning it to its rightful owners has intensified. Second, unfavorable conditions for the regulators were eliminated. Third, the further development of the Uzbek national music has become one of the important directions of state policy.

When learning to play music lessons and introducing them to musical instruments, we need to consider which students are most qualified. Such an ability is felt as soon as the student is holding an instrument and looking at it with a sneer. Then you will have the desire to work with such a student, to pass additional exercises, and as a result he will learn the instrument from you.

This is the basis of the result of the use of musical instruments in the process of sympathy. It will be interesting for the student to learn how to work with musical instruments based on the latest technology. Without preparing young men and women mentally, morally, culturally and spiritually, without ensuring the entry of talented young people into science, without enabling and supporting young people with the achievements of modern science and technology, without appreciating them, without trusting them, we cannot develop the spirituality of our country. Therefore, in order to achieve their spiritual perfection, we need to use melodies and songs created in an international way, rich in exemplary teachings, based on the power of our national music.

One of the main issues in the course is to promote the active performance of elements of music. Exercises play an important role in creating an inner imagination of listening

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comprehension. Repeated listening to the physical sensations and self-execution of the sound apparatus is a great help in memory. Intonational exercises, on the other hand, serve to examine inner perceptions. The teacher creates low-level and clear-level imaginations. Therefore, great importance is attached to the implementation of solfeggio methodology.

he must be civilized, broad-minded, spiritually mature, and able to play any instrument with skill. He must have in-depth knowledge of pedagogy, psychology, children's physiology, theory of ethics and aesthetics, practical areas of music theory, music teaching methods. Music plays a significant role in raising the consciousness of future generations. Music has not only cultural but also political and social significance, and it is necessary to emphasize its responsibility.

Especially in the process of spiritual upbringing of students, it is necessary to form the ability to use national values wisely and to suppress national akangs. What nationality a person belongs to is not just a rock, but a feeling. We need to focus on the topic of today's lesson in the use of new pedagogical technologies in the teaching process to students. However, sometimes if you observe students who are interested in art, you will see them clicking on the desk and accompanying you. That in itself means that he is accepting you, that he is living with the song, that he is sincerely squeezing your brother.

The music teacher's public works plan must be approved by the school administration. The plan of public musical work is made in cooperation with the music teacher, the director of educational and spiritual work of the school, the head of the school, taking into account the age, interests of students, holidays, meetings, events. At the same time, students' musical reading and abilities are taken into account. Depending on the type of each lesson, its main purpose, features, content of the repertoire, school opportunities, the invited guests are taken into account and students are involved. In conducting these exercises, the music teacher prepares the students in advance by informing the children about the purpose and content of the music lessons.

A number of musical laws, including the means of musical expression, musical forms, the structure and development of music, are regularly taught, which should form the basis of music literacy, which is the basis of established music circles. The modernity of music must be taught deeply, perfectly. This means that in order to teach in the new curriculum, a music teacher must improve his or her musical-theoretical knowledge.

Because in our country, a stable component of educating the younger generation in the spirit of patriotism, the music teacher has a great responsibility to society and the state to address the issues of fine education. Such opportunities of music serve as a unique and unique source in educating the new generation, bringing them up harmoniously. From time immemorial, the East, including the Uzbek music education, pedagogy and its perfect methods have been developed on the example of teacher-student traditions. Many students are interested in music lessons. It is at this time that the child may develop a quality of musical expression, during which time it is felt that the students do not have the ability. A gifted child tries to catch that word with care and cunning. A playful child is the opposite. The same process can be applied to the study of the secrets of the art of national music.

It is known that there are examples of folklore in the nation, and in ancient times our grandmothers were imprisoned for singing through spoons, plates, angishvona, kayraktosh. It will also be interesting for the student to use the song studied during the lesson through the

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above tools.

It is natural that the child does not know how to play the word completely, so the teacher can use folk songs about the Surkhandarya story through simple applause. Therefore, every music teacher should organize their lessons with care and dedication, use their professional skills. In order to inform the younger generation about the subtleties of the science and culture of music, it is useful to organize lessons using our ancient songs. Our morale will rise, the education of young people will develop nationally. After all, music is an educational lesson.

It is easier to develop musical psychology in the psychology of the person who suppresses the sounds of music, and therefore the first positive results of musical psychology are observed in the child. which is performed by the representative of any people or nation, expresses the most noble, lofty and delicate human experiences. His contribution to the development of our country is invaluable.

Music plays an important role in raising the consciousness of future generations. Music has not only cultural but also political and social significance, and it is important to emphasize how responsible it is. When we pay attention to everything from high creative samples to national folklore, we realize that music serves the people and its interests. We sincerely hope that the songs and songs will illuminate the dreams and aspirations of the people.

Spiritual aesthetic education traits, such as being generous, are included in music culture classes. The success of the spiritual and aesthetic upbringing of adolescents depends on the creativity of teachers and children, in which the teacher's pedagogical professionalism, the culture of friendly communication with children, the effective forms and methods of celebrations in educational institutions. the ability to choose, the desire to learn traditions, to work on themselves must be formed.

It is well known that every music teacher, no matter what the event, educates students to be hardworking, conscientious, resilient, smart, cheerful, kind, to care for the little ones, to hate evil. In addition to learning to sing in music culture classes, knowing the instrument develops the student's sensitivity and comprehension. First of all, it is important to note that from the moment students are admitted to the first grade, we can feel their ability by playing a musical instrument that they are interested in, and pay attention to the following:

In order to understand the true nature of folk music, first of all, the spiritual world of each person must be wide. As noted by President Islam Karimov, "Spirituality reflects the image of a person, his faith, intellect, the meaning of life, his inner world. Understanding the duty to the motherland and the people is a sign of high spirituality." Folk music is important in connection with antiquity, in which the development of our hardworking people is reflected, as well as their way of life.

Hardworking, honest, and truthful people have always been valued. He who works will live happily ever after. Today, more attention is paid to teachers working in secondary schools, vocational colleges and universities.

The achievements in the field of music education, which are reflected in the spiritual sphere, are the success of the first stage of independence, the qualitative changes that have taken place in the morals, culture and worldview of the people, our people, our nation.

The art of music educates a person, encourages him to do good, to do good to people. The role of music in educating young people is invaluable. But today, young people's interest in

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music is causing some problems. Many young people imitate foreign music and give their appearance a harmonious look.

We all know that the love of music, art, music culture is formed in our people from childhood, in the family. It is no exaggeration to say that it is difficult to find in our country a person who does not have a dutar, doira or other musical instrument at home, and who does not feel the repercussions of music in his life. Most importantly, music today has a greater impact than any other art form on the development of our young generation in the spirit of high spirituality.

Music culture classes in secondary schools serve to form the spiritual, artistic and moral culture of students, to cultivate national pride and patriotism, to develop creative skills, sophistication and artistic taste, to expand the range of ideas, to foster independence and initiative.

Music education is based on the state educational standards, the content of education, along with the musical knowledge and skills of students, develops in them such qualities as observation, memory, visual imagination, creativity, independence, initiative, artistic and musical taste. minladi. In the hearts of professionals who contribute to the culture of music, there is a sense of national pride and love for the motherland. The achievements in the field of music, which are reflected in the spiritual sphere, the qualitative changes that have taken place in the morals, culture and worldview of the people, our people, our nation, are the success of the first stage of independence. After the independence of our country, the attention to the national music, like all beards, became more serious.

In particular, in the process of spiritual upbringing of students, it is necessary to form the ability to use national values wisely and to suppress national whites. What nationality a person belongs to is not just a rock, but a feeling. Without preparing young men and women intellectually, morally, culturally and spiritually, without ensuring the entry of talented young people into science, without enabling young people with the achievements of modern science and technology, without supporting them, without appreciating them, without trusting them, we cannot develop the spirituality of our country.

Therefore, in order to achieve their spiritual perfection, we need to use melodies and songs created in an international way, rich in exemplary teachings, based on the power of our national music.

He deeply understood the essence and value of the content of our native language, which reflects the morals of our people, the achievements of the education system, their unique way of life and values.

The ancient history of our people lies in the meaning of every song or action studied in Uzbek folklore. It is through songs that people's lives are sung, their way of life is reflected in various actions. The advantage of using folklore samples in music culture lessons is that songs and actions sung in the vernacular are quickly formed in the minds of students.

Today, the development of music and its focus on the state opens the door to great opportunities for the future of talented youth. In particular, the resolution of the President in 2008 "On measures to improve the activities of music schools" is a source of pride for us. The young generation, who are happy about this, and the teachers who coach them, will be able to expand their opportunities and benefit from their work.

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In particular, songs that encourage children to love nature, respect adults, and love hard work can be the basis of any song studied in a music culture class, or in other words, they can educate young people by linking the content of the song to the above qualities.

"A child gains experience in the family, at school, in relationships with parents, in public places, in communication with adults and peers. The character of the child, the example of the family in which he is brought up, their diligence, responsibility for family affairs, work, the mother's mentoring of the children, the role of the protagonist play a key role. It is important to work with such children creatively, learn different songs, take extra classes, and participate in activities."

Therefore, it is necessary to spend a week, if necessary, a month with the child, to learn the appropriate melody, song, movement on the topic. First of all, it is necessary to give an idea about the seasonal ceremonies, traditions and customs of the Uzbek people, and then to study the song.

Therefore, in order to revive the psychology of music in the minds of young people, music teachers need to master the given programs and diligently teach them, taking into account the politeness and kindness of the songs they use in addition.

Because our ancestors used the vast potential of literature, art and music only for the purpose of educating people, spiritual and moral development.

After the independence of the Republic of Uzbekistan, at the current stage of development, every educator must acquire the above qualities. The requirements of the state educational standard also pay attention to the spiritual educational qualities of the person, and the national-spiritual qualities of the lessons.

The songs created during the independence period are important in educating future musicians in accordance with the requirements of educational reforms, improving their knowledge and skills. Especially in extracurricular activities or individual exercises, it is necessary to get acquainted with the life and work of highly talented composers, to study and improve the practical application of their works.

It is in the songs about independence that our musical heritage, national melodies, have been applied, using the method of upbringing that has been polished for centuries. After all, what the Uzbek people are like is hidden in the lyrics of the songs they have left. In the upbringing of young people, national feelings, songs created in the way of the people, glorifying the prospects of mutual respect, fill the minds of young people with goodness. Through this method of upbringing, young people are characterized.

Because through music we say again and again that Man is educated, people rest through songs created in the international way. They have a little cultural entertainment and forget their worries. In general, a national song or music is close to the human heart.

Such scenes are more often seen in folk songs. In the course of the lesson, if we ask the students what folk songs they know, there is a tendency not to list them, so it is appropriate to include more folk songs in the lesson process. A music teacher cannot be the sole educator among young people, and parents are also responsible for this. It is their responsibility to pay attention to what their child is doing outside of school, what music they are listening to, who or what they are imitating. If we teach the wrong music, they should be upset with us, but if we become more interested in foreign music, as mentioned above, in the home environment,

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and study the naughty behavior, our actions will be compatible. Today, the task of every music culture teacher should be to select the most talented students and implement their art, as well as to organize national exercises with students who do not master it.

**Conclusion.** If a teacher uses psychological knowledge to teach a music program into logical pieces, he or she will be able to develop students' musical memory. The psychology of music promotion and music criticism is the aesthetic, artistic assessment of a particular piece of music, its historical significance, persuasion of the listener to his artistic and aesthetic ideas, as well as his spiritual and aesthetic strength to listen to the work and engages in the study of the level of perceptual orientation.

In particular, it allows musicologists to use psychological methods of information to a specific audience in advocacy activities. The use of music for practical purposes is carried out within the framework of functional music and is used to increase labor efficiency in production. For example, music can be used in a practical way when students are engaged in Saturday hashar, cotton picking, or other activities. This will increase the student's productivity and musical performance. There are specific laws of introduction of musical psychology in labor activity, it is expedient to aesthetically provide mental and nervous processes during the working day.

The possibility of treating even children through listening to music and perception has shown its results. Research in this area has shown that the selection of music specific to the labor activity - "rhythmic introduction" to the labor process gives good results in the recording of labor efficiency and fatigue. , as a person will stay away from the vices of harming people, and most importantly, can grow into a music-loving cadre.

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